

**Ingredients:** Protein blend (micellar casein, whey protein isolate), vegetable oil blend (palm oil, palm kernel oil, shea oil, high oleic sunflower oil), polydextrose, peanut butter, medium chain triglycerides, cocoa butter, natural flavors, sunflower lecithin, partially defatted peanut flour, cocoa powder, peanuts, almond butter, erythritol, salt, tocopherols, sucralose, almonds. **Contains: Milk, Peanuts, Almonds. May contain: Wheat, Soy, Egg, Other Tree Nuts**

Nutrition Facts		Amount/serving	% DV	Amount/serving	% DV
<b>Serving size</b> <b>1 bar (46g)</b>	<b>Total Fat</b> 18g	18g	23%	<b>Total Carbohydrate</b> 6g	2%
	Saturated Fat 12g	12g	60%	Dietary Fiber 3g	11%
	Trans Fat 0g	0g		Total Sugars 1g	
	<b>Cholesterol</b> 0mg	0mg	0%	Incl. 0g Added Sugars	0%
<b>Calories</b> <b>per serving 250</b>	<b>Sodium</b> 115mg	115mg	5%	Sugar Alcohol 0g	
			<b>Protein</b> 20g	40%	
Vitamin D 0% • Calcium 35% • Iron 2% • Potassium 2%					

# JYM BAR

WHIPPED PROTEIN BAR

**20g**  
PROTEIN

**CHOCOLATE PEANUT BUTTER CUP**  
NATURAL FLAVORS



NET WT. 1.62 OZ (46g)

See nutrition information for saturated fat content

**3g** NET CARBS | **1g** SUGAR | **0g** SUGAR ALCOHOL

DISTRIBUTED BY:  
PHD Fitness, 31300 Via Colinas Suite #101  
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1-888-557-7774  
Product of Canada

This product was produced in a GMP-compliant facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of food and dietary supplements.

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PF000544R01 BAR01CP 22533 121820 V1.1